

# Santa Clarita Basketball Academy

## General Information:

Bring bottled water or canned drink to the workouts (no glass please)

Basketball shoes, t-shirt or tank top and shorts

Lab participants will receive skills training from experienced coaches and players

Lab participants are grouped by ability

Lab participants participate in the same drills at different level of intensity & demands

Lab participants will conduct in a scrimmage game once a month for coaches to measure training in action and for on going assessment (last Friday of each month)

Lab participants will conduct in an All-Star game & Skills Competition (twice a year) - prizes & awards will be given out after the All-Star game at the Awards Ceremony.

LAB T-shirts will be placed on a quarterly basis if interested.



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## Registration for the Monthly Lab Training Sessions

Lab Participants Name: \_\_\_\_\_

Age: \_\_\_\_\_ School Grade: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

**Mail check (\$100 per month) to: Santa Clarita Basketball Academy - 22371 Circle J Ranch Road, Saugus, Ca 91350**

### Liability Wavier:

I, the undersigned submit that my child is physically fit, give my permission for his or hers participation in the Santa Clarita Basketball Academy Lab sessions and I waive any claim or injury:

Signature of Parent / Guardian: \_\_\_\_\_